



3829 Gaskins Rd., Richmond VA 23233
Mon – Fri : 7:30am – 4:00pm • Sat – Sun : Closed
Office 804-538-1033 • Fax 866.274.0799
mohscentermd.com

OUTSIDE REPAIR INSTRUCTIONS

- **NO** strenuous activity for tonight.
- On the day of surgery, if allowed by your primary care physician and medical team, take 2 regular strength Tylenol (325 mg) or 1 extra strength Tylenol (500 mg).
- **DO NOT** drink alcoholic beverages for tonight. Alcohol increases your risk for postoperative bleeding.
- **DO NOT ICE THE WOUND**
- No dietary restrictions.
- Continue your normal medications as prescribed by your physician and instructed by the repairing provider.

Bandage Care

- **Keep** the bandage in place until repair.
 - If the bandage becomes loose-reinforce the dressing with band-aids/medical tape
 - If the dressing comes off-replace the dressing with Vaseline, bandaid, or non-adherent pad and medical tape. Then call the office.

Possible Complications/When to Call

Bleeding- if there is visible **BRIGHT RED** blood soaking and/or dripping from the **WHITE** pressure bandage:

1. **Leave** the bandage in place.
2. **Apply** direct pressure over the bandage for 40 minutes.
3. **Call** the office, Dr. Wallace's cellphone, or go to the nearest emergency room if pressure fails to stop the bleeding.
4. **Use** additional gauze and tape to maintain pressure once the bleeding has stopped.